



Activity provision self-assessment: Skills



Date:

Completed by:

Yes	Sometimes	No	Yes: please provide evidence No or sometimes: what further action are you going to take?	Who is responsible?	Achieve by	Date completed	Evidence of actions taken	Link to KLOEs
Can the care managers, staff and others describe how all activities and tasks can be seen as an opportunity to build meaningful relationships that enhances the person's wellbeing?								W1.6 R1.4
Have staff received appropriate training in: effects and conditions of aging; person centred care; communication; selection and provision of appropriate meaningful activities for people with various abilities?								W3.4
Can staff describe how completing daily living tasks are activities and that they can be rewarding and fulfilling for individuals?								R1.3

Reference number:



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Can staff confidently create unplanned opportunities for physical activity?								R1.1
Do staff understand the values and importance of effective communication and the relationships they build with individuals and how these directly affect opportunities to take part in activities?								C1.2 C1.3
Do staff create activities for people around their existing hobbies, interests and life experiences?								C1.4 R1.1 R1.2



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Are staff seen talking with people at the meal tables?								C1.1 C1.5
Are the meals served in an unhurried but efficient manner and assistance is skilfully given to those who need help?								C1.1 C1.5
Can staff describe how they develop good relationships with people in the care setting and their relatives/friends to gain an understanding of each individual's activity and wellbeing needs?								R1.3



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Are staff able to describe how they support people to select and engage in meaningful activities of their choice?								R1.3 C1.3
Do staff encourage appropriate types and quantities of activity and take into account every individual's abilities, changing wishes and requests for 'quiet time'?								R1.1
Do staff adapt social activities to meet the needs of a range of individuals (e.g. lacking confidence, increased cognitive impairment, mobility difficulties)?								R1.2 R1.5